

Menopause, Andropause Hormonal Dysfunction in Men and Women:

Resolving Hormonal Imbalances Naturally

- Loss of Energy
- Difficulty Thinking
- Loss of Sex Drive
- Loss of Zest For Life
- Difficulty Sleeping

- Loss of Memory
- Feeling "Blue" or Sad
- Waking Un-refreshed
- Emotional Outbursts
- Night Sweats

- Hot Flashes
- Muscle Pain
- Osteoporosis
- Joint Pain
- Erectile Dysfunction

Women: You've found out that conventional hormone replacement can be dangerous. Men: Conventional medicine has offered little or no help for you. So now what do you do? Just as the symptoms are many, so are the causes. Age, diet, stress, nutrition, exercise, toxic exposure, genetics- they all play a role. While balancing hormones can be a complex issue, qualified practitioners can not only help to relieve symptoms, but improve your quality of life using this unique program that works WITH your body to restore balance and improve health. Don't jeopardize your health with synthetic hormones and drugs! **Come to this FREE class to learn:**

- The intricate "web" of hormone balance and how normal biological processes can be upset by these **common factors that affect us everyday.**
- Why the conventional approach has not only failed to help many, but has actually been found to **INCREASE risk for serious health problems.**
- The **appropriate type of testing** that is so vital in determining a course of treatment to meet your body's specific needs.
- How the use of **Bio-Identical Hormones** can restore balance and improve quality of life. We'll also clear up some of the confusion surrounding the use of these hormones, tell you how you can determine if you are a candidate for bio-identical HRT, and the importance of finding a practitioner who is qualified in the use of bio-identical hormone treatment.
- The revolutionary diet, nutrition and lifestyle plan carefully developed for **each individual's biochemical_needs** that is making a difference in the lives of many who thought there was no solution.

▪ **FREE Bioelectrical Impedance Analysis** (measure of your level of health and risk for disease & illness) & **SEMG Scan** for all who attend. Scheduled during regular clinic hours:

FREE CLASS: View our calendar: www.teamhealthcareclinic.com/calendar

Call or register online:

763-323-1492

www.teamhealthcareclinic.com/signup

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