



INJECTION OPTIONS

1 Placenta Cord Stem Cell Injections

- High likelihood to create healing
 - Some patients consider it to be controversial
 - Requires extreme precision in harvesting, transporting and injecting
- Average cost per injection is \$4,000 - \$5,000**

2 Platelet Rich Plasma Injections

- High likelihood to create healing; somewhat less than stem cells
 - Not controversial; used in cosmetic surgery and orthopedic injections
 - Simply drawn from your own body so it is 100% “natural” healing
 - On average a patient will need 2 injections
 - No insurance coverage
- Cost per injection: \$500**

3 Trigger Point Injections

- Works great for soft tissue injuries but not joints
 - Safe because it is a simple Lidocaine or all-natural Sarapin injection
 - Patients typically need 4 weekly injections
 - Some insurance plans cover the cost
- Cost per injection: \$120**

4 Hyaluronic Acid Injections (Euflexxa)

- Less successful than PRP
 - Only used in knee joints for arthritis
 - Patients typically need 3 weekly injections
 - Insurance plans do not routinely cover the cost
- Cost per injection: \$600**

5 Cortisone Injections

- May provide immediate relief but is less successful than the PRP and stem cell injections
 - Is not a natural healing agent and can have serious side effects
 - Some insurance plans will cover the cost
- Cost per injection: \$600**

Injection cost listed includes the cost of a medical evaluation performed on the day the injection is given.